

## *Diaper Changing and Toilet Training*

- ☺ Diaper and soiled underwear must only be changed in an established diaper changing area that is not located in food preparation areas.
  
- ☺ Diaper changing must only be done on a clean, safe, impervious and nonabsorbent surface which is used for no other purposes.
  1. Ensure the diaper changing table is cleaned and sanitized.
  
  2. Remove soiled diaper and clean the child's perineal area (urinary and anal) with disposable wipes.
  
  3. Staff shall then wipe their hands with a pre-moistened towelette or a damp paper towel prior to placing on the new diaper.
  
  4. After diaper changing is complete both the **staff members and child's hands** shall be **thoroughly** washed using the designated handwashing sink.

**NOTE: The handwashing sink must be used for handwashing only and never to wash out soiled diapers, clothing or for cleaning toilet training equipment (use a utility sink for this purpose.)**

The use of disposable gloves during diaper changing does not take the place of proper handwashing. Following diaper changing the gloves must be immediately disposed of and the hands washed.

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5. Clean and disinfect the diaper changing table after each child is diapered.

NOTE: Clean and disinfect the table by wiping it with an approved disinfect solution. If chlorine based sanitizer is used you should use at least [800 ppm] strength to properly disinfect the surface. Use your sanitizer test papers to ensure this concentration is reached. "Do not use a sanitizer concentration that is too strong as this may lead to toxic residuals on the surface where it is being applied" Allow the surface to air dry. Ensure that prior to disinfecting you remove any visible soil with an approved cleaner. If disposable paper is used, it shall be discarded immediately after the child is diapered and the table must be cleaned and disinfected.

6. Place soiled cloth diapers or training pants in a non-absorbent container with a tight fitting lid provided by a commercial diaper server or in a sealed plastic bag which is sent home with the child at the end of the day. Feces from soiled cloth diapers or training pants shall be disposed of by dumping in a toilet.

Place soiled disposable diapers in a conveniently located, washable, plastic-lined, tightly covered waste container that is labeled and kept clean.

NOTE: Do not let the child play with a toy during diapering.